

Food Resource List, New York City

*If you are in urgent need of food, **call 311**.

Food Pantries:

Fresh Pantry Project - Each week during the height of the season, farmers from 35 Greenmarkets donate their fresh fruits and vegetables to local food pantries, homeless facilities, soup kitchens, and community centers in all 5 boroughs.

Website - <http://www.grownyc.org/greenmarket/freshpantry>

NY Common Pantry - New York Common Pantry works toward the reduction of hunger and food insecurity through an array of programs that function to establish long-term independence for those we serve. Our whole-person approach starts with food provision through the distribution of nutritious, fresh food pantry packages in **Choice Pantry** and hearty balanced breakfast and dinner in the **Hot Meals** program. We then go further to address the reasons for food insecurity with case management services through the help of **Help 365**, which assists Pantry visitors in gaining access to resources, and **Project Dignity**, which connects homeless visitors to resources. The third vital element in our whole-person approach is education offered through our **Live Healthy!** program. Live Healthy! teaches children and adults about the importance of a nutritionally sound diet and active living, as well as provides them with the skills necessary to make healthier choices for their families.

Program details - <http://www.nycommonpantry.org/programs.html>

Several Food Pantries in NYC - http://www.foodpantries.org/st/new_york

Food Access:

Fresh Food Box - GrowNYC's Fresh Food Box Program is a food access initiative that allows under served communities to purchase a curated selection of fresh, healthy, regionally-grown produce; the best of what's seasonally available. Fresh Food Box customers can take advantage of the cost benefits of buying in a group, and enjoy the quality and variety of a Community Supported Agriculture (CSA) share, with the flexibility of week-to-week purchasing.

Website - <http://www.grownyc.org/greenmarketco/foodbox>

Food Bank NYC - Food Bank For New York City has been the city's major hunger-relief organization working to end hunger throughout the five boroughs for more than 30 years. Nearly one in five New Yorkers relies on Food Bank for food and other resources. Food Bank takes a strategic, multifaceted approach that provides meals and builds capacity in the neediest communities, while raising awareness and engagement among all New Yorkers.

Website - <http://www.foodbanknyc.org/about-food-bank>

Directory of Soup Kitchens and Homeless Shelters

<http://www.homelessshelterdirectory.org/cgi-bin/id/cityfoodbanks.cgi?city=New%20York&state=NY>

Selected Distribution Sites:

Bronx Defenders - 360 161st St, Bronx, NY 10451

Christ and St. Stephen's Food Program - 120 West 69th St, New York, NY 10023

Encore Senior Center - 239 West 49th St, New York, NY 10019; *hours*: TTh 9-2pm; call (212) 581-2910

Met Council Center - *BY APPOINTMENT ONLY* - 120 Broadway, 7th Floor, New York, NY 10271; *hours*: MT 9-5pm; call (212) 453-9532

Jan Hus Presbyterian Church/Homeless Outreach and Advocacy Program - 351 East 74th St, New York, NY 10021

Salvation Army Manhattan Citadel - 175 East 125th St, 7th Floor, New York, NY 10035

Macedonia Church Assembly of Life Food Pantry - 340 East 106th St, New York, NY 10029

Holy Cross Food Supplement Program - 329 West 42nd St, New York, NY 10036

Programs:

FRESH - FRESH gives benefits to those renovating or looking to open new grocery stores. Seeks to promote the establishment and retention of neighborhood grocery stores in underserved communities throughout the five boroughs.

Website - <http://www.nyc.gov/html/misc/html/2009/fresh.shtml>

FRESH Food Store Areas - <http://www.nyc.gov/html/dcp/html/fresh/index.shtml>

Communities for Healthy Food NYC - Integrating access to healthy and affordable food into every aspect of our comprehensive community development work – through resident outreach, nutrition education and cooking classes; creating new or improved healthy food outlets and generating food-sector jobs.

Website -

http://www.lisc.org/nyc/programs/green_and_healthy_neighborhoods/communities_for_healthy_food_nyc.php

City Harvest - Founded in 1982 as the world's first food rescue organization, City Harvest (cityharvest.org) is dedicated to helping feed the nearly 1.4 million New Yorkers facing hunger. City Harvest will collect 55 million pounds of excess food from restaurants, grocers, bakeries, manufacturers, and farms, and deliver it free of charge to 500 community food programs across the city this year. In addition to helping meet the immediate need for food, City Harvest takes a long-term approach to fighting hunger by partnering with residents, local organizations and businesses through *Healthy Neighborhoods* programs which increase the availability of affordable fruits and vegetables in low-income communities and provide the nutrition education and resources to maintain a wholesome, food-secure diet.

Website - <http://www.cityharvest.org/>

SNAP - The Supplemental Nutrition Assistance Program (formerly known as “food stamps”) provides food assistance for nearly 1.8 million low-income New Yorkers including families, the elderly and the disabled. The program helps families and individuals supplement the cost of their diet with nutritious foods.

To apply in New York - <https://www.mybenefits.ny.gov/>